

## Washing tips

## SOILED GARMENTS & SPLINTS (BLOOD STAINS\*)











 For fresh blood stains simply work in a small amount of heavy-duty liquid laundry detergent to break apart the stain. Work the detergent into the stain with your fingers or a soft bristled brush.

(For dried or old blood stains, scrape off any crusted matter with a spoon)

- Allow the detergent to work into the stain for 15 minutes, then wash as recommended on the fabric care label.
- Check the stained area after washing, do not dry
  the area with a heated appliance (e.g. hairdryer,
  as heat will lock in the stain). If traces of the stain
  remain move to the next step below.
- Mix a solution of cool water and oxygen-based stain remover (e.g. Vanish or Napisan, following the directions to use). Completely submerge the blood-stained item, soak for at least two hours.
- Wash as usual in warm or cold water with detergent. If the stain remains, treat again by soaking in a fresh solution, then rewash.
- Once the garment or splint is clean, **dry flat in** an open ventilated area

<sup>\*</sup> Please take the necessary precautions, such as wearing gloves, when coming into contact with bodily fluids